



Shadowing Program in Italy

Discover. Learn. Experience. Your Steps Toward a Global Career



Who we are

STSicily has been dedicated to providing students from around the world with **meaningful and transformative internship experiences since 2016**. Our programs go beyond traditional internships by blending professional training and personal growth opportunities, to create a truly immersive and enriching journey.

We strive to **enhance personal and systemic awareness in students** while helping companies to integrate new generations into their teams.

We believe that exposure to dynamic professional environments and new cultures fosters both personal and career growth. Expanding your worldview, building lifelong friendships, and stepping out of your comfort zone can unlock doors to life-changing opportunities—especially when equipped with the right tools to seize them.

This is the vision behind our **Shadowing Program in Sicily**

The Activities



We **visit companies** with their representatives, **explore** the culture, and have **fun**.

What you will do during the Program

Days 1–3 | Company Visits & Italian Culture

- Step inside some of the most innovative companies in Sicily, Italy, meet industry professionals, and gain first-hand insights into their work and impact that they have in their industry.

Days 4–6 | Workshops, Activities & Exploration

- Boost your skills! Take part in interactive workshops focused on soft skills, hands-on learning sessions, and team challenges, all designed to enhance your career and personal development.
- Dive into new adventures and cultural experiences—from breathtaking landscapes, and networking events to special activities designed to connect you with professionals. Thought-provoking group discussion

Day 7 | Group Reunion

Beyond just a shadowing activity, this is an experience that will expand your perspectives, build your confidence, and create friendships & memories that will last a lifetime!*

*THE DETAILED PROGRAM WILL BE PROVIDED ONCE APPLICATIONS ARE CLOSED.





The program

The Shadowing Program is designed for individuals eager to gain **industry exposure** while embarking on a **journey of personal growth**.

Through **company visits**, personal development **workshops**, and an **immersive learning environment**, this program will encourage you to **explore** the realities of different industries while refining your **skills** and **career** ambitions. You'll gain insights into workplace dynamics, leadership, and industry challenges, equipping you with tools that will help you navigate your future career with confidence.

This seven-day program includes **shadowing experiences** in leading companies, where you'll observe professionals in action, understand their decision-making processes, and explore **innovative business strategies**. **Moments** are also dedicated to **networking**, **cultural experiences**, and interactive **workshops**, providing a well-rounded opportunity to enhance both technical and soft skills while connecting with **like-minded individuals**.

You'll also take part in four **workshops focused on soft skills**. These sessions will help you raise your personal awareness.

Companies and the University that we will visit

magnisi | VENTURE
STUDIO



Sede di Palermo



**Centro Siciliano di
Terapia della Famiglia**
SCUOLA DI PSICOTERAPIA SISTEMICO-RELAZIONALE



**UNIVERSITÀ
DEGLI STUDI
DI PALERMO**

What's included

Here what's included in the program:

- Flight roundtrip
- Shadowing experience in 4 companies (with visits).
- Pick-up at the airport
- Accommodation in a shared room in apartments/hotel
- Breakfast
- Transportation on-site
- Tutoring for support on-site
- Thought-provoking group discussion
- Two soft skills workshops.
- Two cultural experiences.
- Visa Documentation Support (if needed)





"To see the world, things dangerous to come to, to see behind walls, draw closer, to find each other, and to feel. That is the purpose of life."

The secret life of Walter Mitty

Explore, Improve, Grow. Join our next Shadowing Program!

Contact us via email
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Or visit our website:
www.stsicily.it



BUILD YOUR FUTURE